



**MINUTES OF THE REGULAR MEETING  
WEDNESDAY, SEPTEMBER 15, 2021**

The LifeWays Board of Directors met in regular session in the Board Room at the LifeWays Building, 1200 N West Avenue, Jackson, Michigan on Wednesday, September 15, 2021.

**BOARD MEMBERS PRESENT:** Jeffrey Peterson (Chair) via Zoom; Bruce Caswell (Vice Chair) via Zoom; Ruth Brown (Secretary); John Clark (Treasurer); Bradley Bohner; Melissa Callison via Zoom; Christine Carlson via Zoom; Earl Poleski; Carl Rice, Jr. via Zoom; Ray Snell; Mark Wiley via Zoom

**BOARD MEMBERS ABSENT:** Edward Woods

**STAFF MEMBERS PRESENT:** Maribeth Leonard (Chief Executive Officer), Kenneth Berger, Latrelle Burk, Richard Carpenter, Karen Cascaddan, Shannan Clevenger, Michael Cupp, Jon Johnston, Casie Robertson

**OTHERS PRESENT:**

**CALL TO ORDER**

Chair Peterson called the Board Meeting to order at 7:02 p.m.

**INVOCATION AND PLEDGE OF ALLEGIANCE**

The Invocation was presented by Dr. Carl Rice, Jr., which was followed by a recitation of the Pledge of Allegiance to the American Flag by audience and Board members.

**RECORDING OF ATTENDANCE**

The presence of all attending this meeting was recorded.

**APPROVAL OF BOARD AGENDA**

LW 20-21-041 - Approval of Agenda of the September 15, 2021 Regular Business Meeting

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**MOTION BY JOHN CLARK, SUPPORTED BY CARL RICE, JR., FOR APPROVAL OF THE AGENDA OF THE SEPTEMBER 15, 2021 REGULAR BUSINESS MEETING, AS AMENDED. MOTION CARRIED: 9-0**

Ray Snell arrived at the meeting at 7:04 p.m.

**APPROVAL OF BOARD MINUTES**

**LW 20-21-042 - Approval of the Minutes of the Regular Business Meeting held on August 18, 2021**

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**MOTION BY RUTH BROWN, SUPPORTED BY BRADLEY BOHNER, FOR APPROVAL OF THE MINUTES OF THE REGULAR BUSINESS MEETING HELD ON AUGUST 18, 2021, AS PRESENTED. MOTION APPROVED: 10-0**

**CEO COMMUNICATIONS**

Maribeth Leonard, Chief Executive Officer, briefly highlighted the communications provided in the Board Folder.

(A copy of the Board Folder contents can be found in the Supplemental Minutes portion of the Board Minutes Book.)

Melissa Callison joined the meeting at 7:05 p.m.

**PUBLIC COMMENT**

There were no public comments.

**RECESS BUSINESS MEETING**

Chair Peterson recessed the Regular Business Meeting at 7:09 p.m.

**RECONVENE**

The Regular Business Meeting reconvened at 7:13 p.m.

**APPROVAL OF CONSENT AGENDA**

**LW 20-21-043 - Approval of the Consent Agenda (September 15, 2021 Regular Business Meeting)**

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**MOTION BY MELISSA CALLISON, SUPPORTED BY CHRISTINE CARLSON, FOR APPROVAL OF THE CONSENT AGENDA (SEPTEMBER 15, 2021 REGULAR BUSINESS MEETING), AS PRESENTED. MOTION CARRIED: 11-0**

**A. Facilities**

1. **Approval to Accept RW Mercer Co. Invoice #338665 | Draw #20 in the Amount of \$281,036.16 and Recommendation to LifeWays Finance Committee Approval for Payment for Period Ending 8/31/2021**

**B. Program & Finance**

2. **Approval to Accept Finance Report – July 2021**
3. **Approval to Accept Expenses Report – July 2021 - \$7,313,824.38**
4. **Approval to Accept Fiscal Year (FY) 2022 Proposed Budget – Revenues \$99,911,423.00 and Expenses \$99,593,049.00**
5. **Approval to Accept the Facilities Committee Recommendation for Payment to RW Mercer for Invoice #338665 | Draw #20 in the Amount of \$281,036.16 for Payment for Period Ending 8/31/2021**
6. **Approval of Out-of-State Travel for Gina Costa, Chief Clinical Officer, to Attend the Annual Crisis Residential Conference, October 12-14, 2021, in Louisville, KY for an Estimated Amount of \$1,610.00 to include Registration, Transportation, Lodging and Meals**
7. **Approval of Out-of-State Travel for Nikki Winans, Crisis Clinician; Fred Delos Santos, Crisis Clinician; Chase Briggs, Jackson County Deputy; and Matthew Brown, Jackson County Deputy, to attend the Critical Incident Team (CIT) Train the Trainer Certification Event, September 27-30, 2021, in Salt Lake City, UT for an Estimated Amount of \$18,312.00 to include Registration, Transportation, Lodging and Meals (NOTE: Grant funds will cover 75% of the cost)**

**C. Quality Improvement and Credentialing**

8. **Approval of the Quality Improvement/Credentialing Report – September 2021**
9. **Approval of Reviewed Policies: 02-01 Protection of Recipient Rights; 08-01 Quality Improvement Program; 08-02 Performance Management; 08-04 Accreditation**
10. **Approval of Revised Policies: 03-05 Purchasing; 08-03 Quality Improvement**

**APPOINTED COMMITTEE REPORTS**

- **LIFEWAYS BOARD EXECUTIVE COMMITTEE**
- **LIFEWAYS RECIPIENT RIGHTS ADVISORY COMMITTEE**
- **MID-STATE HEALTH NETWORK (MSHN) BOARD**

- MSHN SUBSTANCE USE DISORDER OVERSIGHT POLICY BOARD
- NATIONAL COUNCIL FOR BEHAVIORAL HEALTH BOARD
- COMMUNITY MENTAL HEALTH ASSOCIATION

**BOARD OF DIRECTORS**

- LIFEWAYS MENTAL HEALTH IN SCHOOLS ADVISORY COMMITTEE
- LIFEWAYS SELF-DETERMINATION ADVISORY COMMITTEE

**NEW BUSINESS**

- LW 20-21-044 - Approval of Out-of-State Travel for James Horrigan, Crisis Residential Unit Supervisor, to Attend the Annual Crisis Residential Conference, October 12-14, 2021, in Louisville, KY for an Estimated Amount of \$1,610.00 to include Registration, Transportation, Lodging and Meals
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MOTION BY MELISSA CALLISON, SUPPORTED BY MARK WILEY, FOR APPROVAL OF OUT-OF-STATE TRAVEL FOR JAMES HERRIGAN, CRISIS RESIDENTIAL UNIT SUPERVISOR, TO ATTEND THE ANNUAL CRISIS RESIDENTIAL CONFERENCE, OCTOBER 12-14, 2021, IN LOUISVILLE, KY FOR AN ESTIMATED AMOUNT OF \$1,610.00 TO INCLUDE REGISTRATION, TRANSPORTATION, LODGING AND MEALS, AS PRESENTED. MOTION CARRIED: 11-0

- LW 20-21-045 - Approval of The Medicaid Managed Specialty Supports and Services Concurrent 1915(i)/(c), 1115 Waiver Program(s), the 1115 Healthy Michigan Plan and Substance Use Disorder Community Grant Programs Agreement Between Mid-State Health Network and LifeWays Community Mental Health Effective October 1, 2021 through September 30, 2022
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MOTION BY CARL RICE, JR., SUPPORTED BY JOHN CLARK, FOR APPROVAL OF THE MEDICAID MANAGED SPECIALTY SUPPORTS AND SERVICES CONCURRENT 1915(I)/(C), 1115 WAIVER PROGRAM(S), THE 1115 HEALTHY MICHIGAN PLAN AND SUBSTANCE USE DISORDER COMMUNITY GRANT PROGRAMS AGREEMENT BETWEEN MID-STATE HEALTH NETWORK AND LIFEWAYS COMMUNITY MENTAL HEALTH EFFECTIVE OCTOBER 1, 2021 THROUGH SEPTEMBER 30, 2022, AS PRESENTED. MOTION CARRIED: 11-0

**REPORTS**

- CHIEF EXECUTIVE OFFICER (CEO)

**Ms. Leonard presented the CEO report on the following topics.**

- **LifeWays Update**
  - **COVID-19 Update**
  - **Engagement and Outreach Activities**
  - **Crisis Intervention Team (CIT) Co-Response Development Planning Update**
- **State Legislative Update**
  - **Michigan Department of Health and Human Services (MDHHS)/Behavioral Health and Development Disabilities Administration (BHDDA) Update**
- **Federal Legislative Update**
  - **Key Legislation Introduced to Expand Certified Community Behavioral Health Clinic (CCBHC) Program**
- **Community Mental Health Association (CMHA) Update**
  - **August's Legislative Video on CMHA's Website**
  - **Senate Appropriators See Budget Being Completed in Timely Fashion**
- **LifeWays Staff Recognized**
  - **2021 Health Care Angel Awards**
- **Upcoming Events**
  - **Jackson County Suicide Prevention Coalition Stomp Out Suicide Event**
  - **17<sup>th</sup> Annual Walk-a-Mile in My Shoes Rally**
  - **LifeWays Ribbon Cutting – Jackson County Chamber Event**

**Mr. Clark added that, along with Courtney Sullivan, Integrated Health Clinic Services Supervisor, Ms. Leonard was also recognized as a Healthcare Angel this year.**

**(A copy of the CEO Report can be found in the Supplemental portion of the Board Minutes Book.)**

- **BOARD CHAIR**

**As most of you know, I've been involved in COVID-19 testing since the very beginning. I wanted to drive home a couple of points to all of you especially with what we're seeing going on in the world right now as far as COVID-19 and vaccines are concerned. It's recommended that everyone get one of the vaccines; what we're seeing is 6-8 months of coverage with them. There's talk of giving boosters; no one knows how long the boosters are going to last. If you meet certain criteria, you can get a booster now, but everyone can get it at the end of the month. I strongly recommend that you get the booster even if you've been vaccinated. Case in point: I was one of the first to get vaccinated due to [a loved one's] health condition; this was 7 or 8 months ago. I was tested yesterday for antibodies,**

and I don't have any in my system. This means that the immunization has ceased to work. The only people that we're seeing that are immunized after a period of time are those that actually had COVID-19 and recovered. When you hear the news about all these vaccinated people getting COVID-19, it probably means that their vaccination was several months ago and is no longer effective. I can't make the decision for anyone whether to get vaccinated or get a booster; that's all dependent on need, ability and personal choice. All I can say is to please, please consider it. The vaccines are not what many think they are; they aren't going to last the rest of your life at this point. Please take it for what it's worth, analyze your own situation and make the decision based on what's best for you. But I wanted to make you aware of what's happening from a medical perspective. If anyone ever wants to talk further, please call or email me.

- **MEMBER COMMENTS**

- Ms. Brown – I want to reiterate what Maribeth said about the Suicide Stomp Out on September 24. Don't feel like you have to stay for the whole thing; would love to have everyone participate however long you can. Also, a Cruise-In is scheduled for the same night so be aware of where you park; I think Michigan Avenue is closed off during the Cruise In until 8:15 pm.
- Mr. Poleski – No comment.
- Mr. Bohner – I apologize for giving the info on the Detroit Free Press article earlier, should have saved that for now. I'll get the article to Maribeth to send to everyone. It's obvious to me that Shirkey doesn't know much about our mental health system, and I think he might be bought and paid for by the physical health groups; just my opinion.
- Mr. Clark – The article Brad is talking about can't be accessed [without a subscription] so we'll have to get a hard copy somehow. The other thing is that I'd like to apologize to the Executive Committee for missing the meeting last week. And also, to Maribeth for missing the Facilities walk arounds as I was a little busy last month and shirked some of my duties on the punch list. But I have been in touch with Ric [Scheele, Director of Jackson County's Fleet and Facilities] as well as Karen [Cascaddan, Executive Director of Governance]. As soon as I get this surgery, I'll try to be a little bit better board member. Let's hope that Ed [Woods, Board Member] is recovering well from his surgery. I plan to call him in the next couple days and, if he says anything worthwhile, I'll let you know.
- Mr. Snell – No comment.
- Dr. Rice – Welcome to our new board member, Mr. Snell.
- Ms. Carlson – No comment.
- Mr. Caswell – You are all invited to the Hillsdale County Fair that starts in two weeks. Also, there is an article I invite you all to read; it's in the August 16, 2021 issue of *New Yorker* magazine. It's written by Donald Antrim, who was suicidal and severely depressed. The article talks about his journey and his experience

with ECT [Electro Convulsive Therapy], which brought him out of his suicidal tendencies. It really opens your eyes as to what's possible. The final thing I want to mention, and I know we beat this dead horse at the last board meeting, but I ask that you Google the five largest Chinese companies that are trading on the New York Stock Exchange to see what's happening with their stock prices over the last six months.

- **Mr. Wiley** – To tag onto what was said earlier, the booster shots are available at the Branch-Hillsdale St. Joseph Health Department. Just contact them to make an appointment. My wife has already been in there and gotten her booster. Also, Steve Currie from MAC [Michigan Association of Counties] talked at our [Hillsdale County] Commissioners meeting yesterday, and he indicated that MAC is not supportive of Shirkey's efforts. MAC has reached out to Shirkey about his bill. If you haven't reached out to MAC, Maribeth, I encourage you to. I also encourage everyone to come down to the Hillsdale County Fair, if for no other reason than to visit the Michigan Vietnam Memorial Wall. It's a smaller version of the wall in Washington, DC as it only lists the names of Michigan men and women who died in service to their country.
- **Ms. Callison** – I will be out of town for about three weeks soon. I will do my best to dial into any meetings. Unfortunately, I'm going to miss a couple of activities in the near future that I would have enjoyed being a part of, but it can't be helped. I hope to get my booster before we leave town. Hope everyone has a great month.

#### **PUBLIC COMMENT**

**Mr. Poleski** – If I can take an opportunity here...friends, we can have our differences in opinion about policies, and make comments about them with respect, but we shouldn't make remarks about people's personal integrity, and I think an apology is due.

**Mr. Bohner** – I apologize.

#### **ADJOURNMENT**

There being no further business to come before the Board, Chair Peterson adjourned the meeting at 8:00 p.m.

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**Ruth Brown, Secretary**



**MINUTES OF THE PUBLIC HEARING  
ON THE FISCAL YEAR 2022 BUDGET  
WEDNESDAY, SEPTEMBER 15, 2021**

The LifeWays Board of Directors held a Public Hearing on the Fiscal Year 2022 Budget in the Board Room at the LifeWays Building, 1200 N West Avenue, Jackson, Michigan, on Wednesday, September 15, 2021

**BOARD MEMBERS PRESENT:** Jeffrey Peterson (Chair) via Zoom, Bruce Caswell (Vice Chair) via Zoom, Ruth Brown (Secretary), John Clark (Treasurer), Bradley Bohner, Melissa Callison via Zoom, Christine Carlson via Zoom, Earl Poleski, Carl Rice, Jr. via zoom, Ray Snell, Mark Wiley via Zoom

**BOARD MEMBERS ABSENT:** Edward Woods

**STAFF MEMBERS PRESENT:** Maribeth Leonard (Chief Executive Officer), Kenneth Berger, Latrelle Burk, Richard Carpenter, Karen Cascaddan, Shannan Clevenger, Michael Cupp, Jon Johnston, Casie Robertson

**OTHERS PRESENT:**

**CALL TO ORDER**

Chair Jeffrey Peterson called to order at 7:09 p.m. the Public Hearing on the Fiscal Year (FY) 2022 Budget.

**PUBLIC COMMENTS**

There were no public comments.

**BOARD MEMBER COMMENTS**

Mr. Bohner – In yesterday's Detroit Free Press, [Senate Majority Leader Mike] Shirkey wrote an op-ed piece on why the state needs to change the mental health system status and finally bring quality services to mental health patients. I will get a copy to Maribeth [Leonard, Chief Executive Officer] to forward to everyone. I personally found it irritating.

Mr. Caswell – This is a very well put together budget; Richard [Carpenter, Consultant] did a really nice job on it. It's very clear and concise. It's just a smidge under \$100 million so stick around a year and we'll be a \$100 million outfit.

Mr. Peterson – I also want to say that I appreciate the work behind putting this together. We joked about adding something so that we'd be over \$100 million but, like Bruce said, stick around and we'll get there before too long. I remember when the budget was \$40



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million, and we thought that was a lot.

**ADJOURNMENT**

**MOTION BY MARK WILEY TO CLOSE THE PUBLIC HEARING ON THE FISCAL YEAR  
2022 BUDGET AND RETURN TO THE REGULAR BUSINESS MEETING AT 7:13 PM.**

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**Ruth Brown, Secretary**